

FBC - Short-Term Missions Guide

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We at Faith Baptist Church have made a long-term commitment to some key mission endeavors, at home and international. We have sent several Short-Term Mission teams to Honduras and with our Parrsboro church plant. In future, we may be able to do the same with our partnership the St. Leonard, Quebec church plant. We are partnered with our Fellowship of Evangelical Baptist churches (FEB) and their mission sending agencies.

In order to effectively plan STM trips and prepare team members, we have adapted the FEB - STM Connexion Guide to lay out our policies and procedures for a fruitful mission engagement. The FEB - STM Connexion Guide (2013), produced by the team at FEB International, is our basic resource and template for planning and its' accompanying resource CD contains many helpful documents.

Our own resource is called the FBC-STM Guide (2017). The Leaders Guide contains all the information team leaders need to plan a STM trip (primarily Honduras). The Participants Guide contains some basic STM ministry philosophy, FBC mission policies, practical trip information, liability and risk management contingencies and some training resources. All forms that participants need to fill out are included in the Leaders Guide and will be provided for each team member. Prospective team members must read and follow-through all these materials. Be aware of the expectations before you apply!

First, read the Introductory and STM Vision, Policy and Trip Info material to get a sense of the STM experience. Then application and reference/consent forms are to be filled out and given to the missions pastor or designated team leader. Those accepted to go on the STM trip will then meet several times for training, trip preparation and team fund-raising or serving opportunities. Because of the logistics in planning, we must get this process going at least 8 months in advance of our trip.

Some may feel this is preparation overload, but we believe it to be necessary for a successful team. We hope to instill in each STM participant a good understanding of Biblical mission principles and prepare them for an experience that will challenge them to live a Spirit-filled life with an on-going mission focus and passion. We take seriously the great commission Jesus gave to all His disciples, from the early church to ours:

"You will receive power when the Holy Spirit comes on you; and you will be My witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth." Acts 1:8

We believe it is our mission to be witnesses of the gospel of Jesus Christ, at home, across our province, region and country, cross-culturally and in other countries. We should do our utmost to be well-prepared servants of the Lord and to the people we are sent. Our church has demonstrated willingness to give, train and send STM teams. I hope you will have the privilege of sharing in this experience.

Pastor Doug Campbell

September 2017

GENERAL PLANNING AND MEETING SCHEDULE - Honduras Trip - ie. April 2018

Planning logistics - The order of these planning items is more important than the dates they are scheduled. They should be organized as each team leader begins to plan and scheduled according to team dynamics.

Winter - Spring - Summer 2017

- mission pastor/leader keeps a running list of potential participants through personal interaction
- trip is generally every 2 years - leader confirms trip and project plans with the Children's Home
- announce next trip to the church, prepare trip info packet, follow-up potential participants list
- pass out trip guides containing all relevant info and application forms to potential participants

Fall 2017 - pastor's proposal is made to the church board regarding trip and project details and financing

- 1st Team Meeting with potential participants, go over basic trip information, details and forms
 - finalize commitment from team leaders and participants, finalize date for applications
 - get applicants started on reading all guide info + optional work on Serving Effectively Discovery Guide
- missions pastor and team leaders discuss applications, plan all trip logistics - intro the team to the church
- 2nd Team Meeting to finalize team plans, discuss trip dates and team prep, discuss "Serving Effectively", discuss any policy or trip questions, plan fund-raising and training dates
- leaders go over the results of the optional Serving Effectively Guide

December 2017

- team leaders book flights (buy cancellation insurance for all) -all passport info must be submitted first
- ascertain when funds must be paid thru FEB to Menno Travel (ie. March?)
- accommodations request sent to the Camp by team leaders
- have team photo and plan church communications for Compass, Prayer Bookmark, Honduras Night, etc

Winter 2018

- team leader plans 4 training sessions for everyone, using the 'Short-Term Mission Workbook' (participants do the workbook at home with a partner or parent and discuss at the sessions)
- additional project planning or language training as deemed necessary
- project plans and supplies finalized as much as possible with the Home
- list of requested children's items for the Home is finalized and communicated to the church
- accommodations finalized by the leaders with the Camp; trip lay-over plans and bookings are finalized
- Honduras night fund-raising (planned and hosted by the team)
- team members finalize all their personal and medical preparations

Spring 2018

- team is commissioned by the church at a Sunday am service
- team meeting to pack children's items, pray for the trip and finalize airport travel / pick up plans
- trips are generally planned for later April, about 10-11 days in total
- debriefing meeting after returning home to discuss the trip and possibilities for next year

Summer 2018

- accounting of all spending, receipts, team leader report
- missions pastor or designated leader begin initial plans with church leadership + FEB for a future trip

FBC SHORT-TERM MISSION (STM) POLICY

A. VISION AND DIRECTION

Our Purpose

We recognize our calling as a local church to be involved globally in missions. The purpose of our Short-Term Mission (STM) involvement will be to provide direct help to national and international local churches or groups with their gospel mission, and to involve our church with meaningful ministry engagement. We will also engage our people to serve with our local and regional missions but these will not be classified as STM trips, and not necessarily subject to the following policies.

Our STM policy will implement partnerships requested by and established with our Fellowship of Evangelical Baptists (FEBCC). We are partnering through Fellowship International /F.A.I.R. with the 'Vida y Libertad' Children's Home in Honduras, and partnering through Fellowship National with the Saint Leonard church plant in Montreal PQ. These partnerships will be considered as long-term, subject to current needs, the counsel and requests of the Fellowship and the decision of the FBC Board.

Our STM policy will consist of these primary tasks:

- a) communication between our church and our partners plus giving regular prayer and financial support
- b) preparing ministry teams to work alongside and support projects our partner's request of us
- c) sending yearly teams to work with our partners, and/or support a main project, subject to their requests

Why Honduras? <http://www.casahogar.411hn.com/Home.html>

Vida y Libertad means 'life and liberty.' That is what The Children's Home ('Casa Hogar') seeks to provide for the orphaned and neglected children God sends them. They are a home, not an orphanage. We partner with them to help give these children a home, an education, knowledge and love of God and hope for the future.

FBC became aware of the Children's Home ministry in 2011 at an FEB conference. Through the Lord's leading we began to support the Children's Home in 2012 along with Melodie Francis who serves there with FEB Int'l. We sent teams from 2012 to 2016, completing projects such as a new roof, interior upgrades, a greenhouse and garden, a soccer field, etc. Lord willing we hope to be engaged with Vida y Libertad for years to come.

Our STM teams go to serve and we do so at the request of our hosts. Leaders will ensure good communication with our hosts so we follow their expectation and project requests. We will work with them regarding all travel, accommodations, team make-up and size, and ministry on-site. We will endeavor to pay our own way and not be a financial burden upon our hosts. We will endeavor to pay for project materials and make all arrangements possible, including working with FEB partners.

STM Team Engagement

One of our goals for STM team members is to grow a mindset for God's mission in the world and learn from their cross-cultural experience to pursue future engagement. The roles of each team member will need to complement and complete the project and enhance our partner's ministry. It is a great learning experience and one that will certainly stretch and grow the participant. Honduras trips should be a maximum of 7 to 10 people. Any more makes airport and local travel difficult. For those who wish to make further trips, we encourage them to do so on their own, planning through the Home, Feb Int'l, and their own travel agency.

WHEN: trips will be planned for the optimum time for the partners and our people, especially students
-currently, the ideal time for a team to go to Honduras is mid to late April

WHAT: the project we do will be at the request of our partners, as to what they believe they most need
-roles of team members will need to complement and complete the project and enhance partner's ministry
-our goal for team members is to grow a mindset for God's mission and pursue future engagement

WHO: Team Formation

- teams will have a broad make-up of experienced leaders, skilled workers and inexperienced helpers
- adults must be faithful members or adherents of our church and students part of our church youth
- we may also involve other members from FEB churches who wish to partner with us
- the team leader will be a church leader, with previous STM trip experience, approved by the Board
- necessary project skills will require some team members to have these skills and be able to improvise
- students will be utilized to work under the direction of team leaders and skilled workers
- students must be reasonably mature, 15 years/grade 10 for Honduras trips
- all who want to be part of a STM team must apply and/or be invited by the Mission Team leader
- the STM team reports to the Mission Team and functions under their direction

STM Proposals and Requirements:

All STM mission proposals must follow the policy and guidelines of the FBC STM and are subject to the approval of the church board. In addition, all STM mission proposals must serve the intended host agencies and are subject to their policies, guidelines and approvals.

- STM trips that support our mission partners qualify for an FBC endorsed STM experience
- STM proposals must be made through the Missions Team and are subject to FBC Board approval
- STM plans must include itinerary, costs, on-site info and contacts, team roster, risk management
- STM team members must fill out the STM application to be part of the team
- STM members must take part in the training and mentoring requirements
- STM teams will debrief and report back to the church about the trip work and personal testimony

Finances: FBC Missions sending fund will help with costs on-site and provide students with travel one-way

- adults will provide their own flight costs - on-site meals, lodging and transport will be covered for all
- students are expected to cover their passport, medical consultation and travel insurance costs
- what is not covered will be shared by the team members. Help will be considered for special situations.
- team fund-raising to be approved by the Board, such as special STM events and designated offerings
- team members will be encouraged to personally enlist partners for prayer, encouragement and support
- members can raise their own funds outside of the church

Miscellaneous Administration:

The FBC missions pastor and team leaders will work together to plan the trips and do the following:

- account for budget and fund-raising finances by working with the treasurer
- ensure a copy of team members applications and reference forms are maintained
- ensure a copy of all team members passports, medical and emergency information is obtained
- ensure all team members take the required training and attend the team meetings
- meet with the team prior to departure to arrange travel, luggage and have prayer
- team leader will act as spiritual shepherd for the team and especially look out for the students

Partner-Raising: (full Partner-raising details are found in the FEB-STM Connexion Resource -2013)

Going out on a short-term missions trip should focus on serving and learning, not fund-raising. We need to cover financial aspects but that should not overshadow the entire experience. We want to send our individuals and teams who are surrounded by prayer and encouraging partners who are personally and spiritually engaged with the individual team member. Here are ways to assemble partners for yourself:

- Enlist partners who will commit to praying for you before, during and after the STM experience.
- Connect personally to inform them of your trip hopes and goals and specific prayer requests.
- If they have not already been a part of the team fund-raising, ask them to consider supporting you.
- Send out an update letter before you go and a follow-up / thank-you letter when you return.
- Personal contact is best, before you go to give them a sense of your anticipation, and when you return as to what you have experienced and learned.
- Have one key person you can debrief with after you return.

B. TRAVEL ARRANGEMENTS

Travel:

Norm Neilson of FEB Int'l recommends using Northstar Travel (Val Brooks), for her expertise with for travel on north-south routes such as Latin America. Team leaders will purchase flight tickets from Val through Fellowship International and FBC will reimburse Fellowship International. Team members will in turn reimburse FBC for their travel costs. Adults are expected to pay their own way. Students will be helped with one-way airfare. The FBC mission budget and fund-raising should offset accommodation costs for all.

Team Planning

- mid to late April is the ideal time to travel in terms of airport busyness and weather in Honduras
- arriving in Honduras on mid-week is ideal. Take a break (Sunday) in between to refresh.
- if possible arrange a sight-seeing day in Honduras if there is time and a guide (ie. day trip to Comayagua)

Flights and Hotels

- connecting Hotel costs will need to be paid by someone on the team who will get reimbursed from the trip budget,
 - if the trip budget has been approved to bear the costs
- access electronic tickets 24 hours beforehand to speed up time and process at the airport
- confirm and reconfirm flights so the team doesn't get caught with a cancelled flight
- make a small "Nova Scotia" sign and display it while waiting for the transport person at San Pedro Sula

Doug,

December 1, 2014

Good to hear from you this morning. I am copying Val Brooks on this email so that you have her email address and can directly work with her on the ticketing for your travel to Honduras in the spring.

Val, you can book these and we will handle the billing through our office.

val-northstartravel@bell.net

Northstar Travel - <http://www.northstartravel.ca>

Contact Information: Val Brooks email: val@northstartravel.ca

Telephone; 519 886 9111

Street Address: 701 Belmont Ave West in Belmont Village, Kitchener, Ontario, N2M 1P1

Norman E. Nielsen

Associate Director, Fellowship International

Box 457, Guelph, Ontario, Canada N1H 6K9

519-821-4830 Ext 225 fax (519) 821-9829 ~ www.fellowship.ca



C. LIABILITY AND RISK MANAGEMENT

Liability

All team members must sign a Release and Liability Waiver Form (see FBC STM Guide - Appendix). The purpose of this form is to inform travelers of risk and liability issues and have this personally acknowledged by all participants. FBC maintains adequate liability insurance for STM teams through our church insurance policy with BrokerForce Insurance. This covers the team and individuals for trip or work injury and lawsuits. As per FBC protocol all participants must complete a police check.

Risk Management

Any travel involves some inherent risks, particularly with international mission trips. Comfort and convenience are a way of life for us, but cannot be counted upon when we travel. Safety and security are not guaranteed in our own country, let alone other countries, so we want to be up-front about risks and do our best to prepare our personnel for short-term missions trips, both home and international.

Travel to Honduras for instance has risk involved. We endeavor to mitigate these risks as much as possible. Team leaders and members must check out this web site for current country travel and health information: <http://travel.gc.ca/destinations/honduras>. We know that San Pedro Sula, where we fly in to Honduras, is one of the most dangerous cities in the world. While we are just in and out of this city in the daytime as quickly as possible, the country in general is rather lawless compared with Canada, even in the rural area where the Children's Home is located. In addition, there is the reality of certain tropical diseases and threats which everyone involved also must become familiar with and prepare for.

STM Travel Contingencies:

In most cases, our government medical insurance is adequate for any needs within Canada. Individuals should decide any additional requirements for themselves. Travel, health and personal risks must always be prepared for. International trips have a greater need for contingency plans. The following will also apply where pertinent to Quebec or regional trips.

FBC Chain of Communication in Emergencies:

This chain of communication should suffice for any emergency needs, particularly with students:

- Individual contacts team leader regarding any distress and help needed
- Team leader consults with the individual in need and communicates to the host for help
- Team leader contacts FBC pastor who relays communication to parent or family
- FBC pastor connects with appropriate FEB contacts as necessary and maintains contact with family

How We Can Mitigate International Travel Risks:

- we arrange our travel schedule so we arrive and leave Honduras around the mid-day hours.
- we arrange to be picked up at the airport by a Scripture Union Camp bus and bi-lingual personnel.
- we are hosted by the Scripture Union Camp, including meals and accommodations.
- we travel to the Children's Home by Camp van and driver.
- we seek to hire a translator and guide for the trip duration if possible.
- any who work or stay at the Children's Home abide by the rules and procedures of the Home.
- minor children under 18 should travel with a parent or be assigned under the care of a team leader.
- minors must have a consent letter for travel signed by a parent or guardian
- minors should plan staying at the Camp for the duration except for 1 night at the Home if possible.
- ensure all have valid passport and personal id, as well as adequate US currency (\$100-200.) and means of purchasing Honduran currency (Lempira) at a bank or bank machine
- team leader will carry or purchase a cell phone (the Home may be able to issue a pre-paid cellphone)
- team leader will communicate up-dates when possible to FBC church (who will inform families)

How We Can Mitigate International Health Risks:

- every team member must be personally familiar with the health risks and consult with their doctor or medical clinic for professional counsel and purchase medicines and inoculations.
- each one must indicate any health issues and necessary medical info when applying for an STM trip
- each one must personally receive professional travel counsel and purchase adequate travel insurance
- team members must inform team leaders as to any medication they are bringing with them and ensure medications are clearly labeled and in original containers
- avoid drinking unbottled water and be careful what you eat - wash your hands frequently
- bring insect repellent, sunscreen, wear hat and clothing that protects from the sun
- bring rain gear and wear hiking boot-type footwear when out and about

How We Can Mitigate International Personal Risks:

- Females should dress modestly so as not to attract attention
- Males should also dress appropriately and avoid behaviour that attracts attention
- If an incident like a mugging occurs don't play the hero, give them what they ask for
- Avoid carrying large amounts of cash
- Make copies of personal identification and keep a copy at your host location

Contingency plans for International Medical Emergencies:

- For medical emergencies, know and follow your insurance provider policies.
- Honduras has adequate hospitals and the Camp or Home personnel will help make arrangements.
- team leaders should advise FBC pastors of any emergencies and work together to find solutions
- FBC pastors will ensure adequate communication between the team and families by contacting the Team leaders, the Children's Home, Scripture Union Camp Honduras, and FEB International.
- Team leaders can also contact Fellowship International for counsel in emergency situations
- If an emergency medical evacuation is necessary, we will follow the counsel of Fellowship International, travel insurance providers and our travel agents (Menno Travel) as to procedures.
- Standard medical travel insurance will cover emergency medical flight costs back to Canada.

Contingency plans for International Crisis Management:

- Team leaders will contact the Government of Canada web site prior to leaving to register who is on the team and where they are travelling, and call the Canadian Consulate in Tegucigalpa, or the Canadian Embassy in San Jose, Costa Rica, if serious trouble arises or evacuation may be necessary
- We will seek Canadian Consulate counsel regarding any political emergencies and evacuations
- Trip cancellation and interruption insurance will provide for emergency flight costs back to Canada should a political interruption or natural disaster occur. This will be part of the FBC Sending fund.
- If an alternate mode of transportation is necessary out of Honduras to a neighbouring country such as Belize, we will seek to hire the Camp personnel and transportation, or use a local bus company, or alternate means of transport that the Camp or Home recommends.
- FBC pastors will do diligence to ensure adequate communication between the team and families.

D. CONTACT INFORMATION:

Vida y Libertad - The Children's Home FEB Int'l missionary: Melodie Francis

- Country Executive Director: Tina Garcia Tel.: 777-1309 / Fax: 777-1315 Cel.: 9989-7105
- email: vidaylibertadhonduras@yahoo.es web: <http://www.casahogar.411hn.com/Home.html>
- location: Barrio el Rincon, carretera hacia La Esperanza, Km.6, Siguatepeque, Comayagua, Honduras
- mail: Asociacion Vida y Libertad, Apartado de correos # 2187, San Pedro Sula, Honduras, C.A.

Scripture Union of Honduras (<http://ubhonduras.org/capacitaciones>)

PO. 97 Siguatepeque, Comayagua, Honduras Tel.: 9516-5702 ó 2773-2839

Campamento Cerro de Luz Unión Bíblica [cerrodeluz@gmail.com] (administrator)

Fellowship International (FEB Int'l) Norman E. Nielsen (email: nnielsen@fellowship.ca) Associate Director
Box 457, Guelph, Ontario, N1H 6K9 Tel. 519-821-4830 Ext 225 fax (519) 821-9829 www.fellowship.ca

Northstar Travel - <http://www.northstartravel.ca> Telephone; 519 886 9111

Street Address: 701 Belmont Ave West in Belmont Village, Kitchener, Ontario, N2M 1P1

Contact Information: Val Brooks email: val-northstartravel@bell.net home office: 519-894-6221

Brokerforce Insurance Inc. - <http://www.brokerforce.ca> (Andrea Wingfield) a.wingfield@brokerforce.ca

608-200 Consumers Road, Toronto ON M2J 4R4 Tel. 1.800.263.9870 ext. 154 Fax 1.866.587.9041

Government of Canada

Registration of Canadians Abroad (<http://travel.gc.ca/travelling/registration>)

Registration of Canadians Abroad is a free service offered by Foreign Affairs, Trade and Development Canada that keeps you connected to Canada in case of an emergency abroad, such as an earthquake or civil unrest, or an emergency at home. Whether you're planning a vacation or living abroad, sign up in a few minutes.

Why register?

- It is quick, confidential and simple.
- We will notify you if there is an emergency in your travel region.
- You can access consular services.
- ROCA is mobile friendly.
- You must be a Canadian citizen to register.
- Register in person at Canadian government office abroad.
- For group registrations over 10 people, please contact us by email at roca@international.gc.ca.
- For more information see Registration of Canadians Abroad: fact sheet.
- Registration of Canadians Abroad: A free service that could save your life (Publication).

Canadian Consulate in Tegucigalpa

- For emergency assistance after hours, contact the Office of the Canadian Embassy in Tegucigalpa and follow the instructions. You may also make a collect call to the Emergency Watch and Response Centre in Ottawa at 613-996-8885.

Tegucigalpa - Embassy of Canada (Program Office)

Address: Centro Financiero CITI, 3rd Floor, Boulevard San Juan Bosco, Colonia Payaqué, Tegucigalpa, Hond.

Postal Address: P.O. Box 3552, Tegucigalpa, Honduras Telephone (504) 2232-4551 Fax (504) 2239-7767

Email tgipa@international.gc.ca Services: May provide limited passport services

San José - Embassy of Canada

Street Address: La Sabana Executive Business Centre, Building No. 5, 3rd Floor, behind the Contraloría General de la República, San José, Costa Rica

Postal Address: P.O. Box 351-1007, San José, Costa Rica Telephone: 506 2242-4400 Fax: 506 2242-4410

Email: sicra@international.gc.ca Internet: costarica.gc.ca Services: Provides passport services

Facebook: Embassy of Canada to Costa Rica, Nicaragua and Honduras Twitter @CanEmbChile

HONDURAS TRIP INFO

A. Trip Finances and Accommodations

Typical Personal Trip Costs: (numbers are approximate)

-spring round-trip airfare to Honduras, depending on airline & connections:	\$1000.
-normal passport costs if you have to get new one	\$ 160. (10yr)
-medical consultation and medications (depending upon where you buy)	\$ 100. - \$ 200.
-Honduras exit fee (required)	\$ 40.+ (us funds)
-travel insurance (varies depending on your age, work benefits etc)	\$ 100.
-airport spending (lay-over meals, etc) - Honduras personal spending	\$ 100 - \$200

Adult costs: flight (1000) + insur (100) + medical (100) + exit fee/airport (100), spending (200) = **\$1500.00**

-note: this could easily be a few hundred more, depending on spending \$ etc

Students costs: flight (500) + insur (100) + medical (100) + exit fee/airport (100), spending (200) = **\$1000.00**

Typical Team Accommodations Costs: (numbers are approximate)

-cost per person for Camp accommodations, meals, travel app. **\$400** ea x 10 = \$4000.us = **\$5200** cdn (team)
 >>our aim is for all to go without accommodation costs, but that depends upon the fund-raising

Scripture Union of Honduras (<http://ubhonduras.org/capacitaciones>)

A request should be sent to the Camp in late fall before the spring trip. Ask for a current price list.

When we can finalize dates, then book the Camp by January, providing all personal and flight info.

Find out if there are any special dietary considerations for the team and request those from the Camp.

MEALS: camp provides breakfast, bag lunch and supper – past teams have it found the food to be very good

ROOMS: room for 6-7 in a dorm with bed sheets & blankets included, blankets with bathroom in the room.

TRANSPORT: van travel to the Home in the morning and pick you up at the end of the day. \$25 per day

Typical Team Budget

-2018 Short-Term Sending from the FBC missions budget = **\$2250.**

(covers ½ of student round trip tickets + cancellation insurance + accommodations/travel in Honduras)

-2 students: 1 way airfare @ \$500. ea x 2 = \$1000.

-trip cancellation/interruption insurance for team of 10 = \$ 750.

-remaining for Camp accommodations (\$2250 - 1300) = **\$500.**

-amount needed for camp accommodations (\$5200 - 500) = \$4700.

-cost of hiring a local translator / guide = \$ 300.

Total Fund-Raising goal: = \$5000.

Team Fund-Raising Plans and Goals:

-Honduras Night - (2016 approx. \$4200) - allocated as follow: Camp fees - translator - airport hotel lay-over

-if the funds raised will not cover airport lay-overs, the team will bear the cost if they choose a hotel

-any other fund-raising money will go to the Home project, Home necessities, or next year's project

-if fund-raising is insufficient for accommodation costs, additional funds from project funds may be used.

Fund-Raising

-team and individuals are free to raise funds on their own, not publicly announced to the church body

-individuals or companies may partner with us and help fund projects at the Leadership's discretion

-any designated giving that can be receipted by FBC must benefit the whole team, not an individual

B. What to Bring: Personally and for the Home (suggestions from previous teams)

Go online to find out how to pack a small bag really well. We found that very helpful and I was able to bring everything in my carry-on and knapsack. Be very careful about the size of your carry-on. Sizes vary airline to airline and they are getting really picky about it.

Personal items -Bible, pen, journal, mission workbook, bug stuff, sunscreen, wax earplugs, flashlight
-avoid taking or displaying expensive media devices (bring a cheap camera or phone)

Handheld devices: The kids will want to play with your cameras and take pics and videos. Consider that when you decide what technology you take with you. It is wise for team to draw boundaries for social interaction with them before they go.

Clothing -modest clothes for all (girls tie up your hair under a hat when out)

-work gloves, sun hat, hiking-boot-type footwear, spring /fall jacket, jeans for working
-comfortable clothing for flights (track pants, running shoes or sandals)

Documents -photocopy of all documents plus leave a copy of passport at home - best to travel with document copies in Honduras and leave originals at host location (Camp)

Money -you can access 4000L a day from a bank machine, about \$200. cdn

- there is a bank machine at the airport so get some Honduras Lempira when you arrive (\$1.00 = 18L.)
- everyone needs about \$40 usd to leave Honduras
- have at least \$100 usd on you -some shops take debit, some cash only
- shopping: hopefully you will get to a gift shop in Siguatepeque, also one at San Pedro Airport

Spanish - -One regret most have was not knowing enough Spanish. Having a good dictionary was helpful but if you can learn some basic phrases, you will be glad you did. They like to teach you Spanish as well. The girls knew some of our Christian songs - they sang in Spanish, we sang in English. That was fun. The kids love to help, even the little ones. If you can find a way to let them, they are good workers. If you have to paint rocks, get extra paint brushes so the kids can help; it's easy for younger ones to do this job.

List of Collectible Items for the Home

The team leaders will ask the Home what they need in bulk and then ask the church to donate items.

Church clothes and shoes for all - especially larger sizes men's dress shoes for older boys. Boys belts.

Work gloves/boots (for Gabriel - the kids do try to help him some gloves for them would be nice)

Pictures of us (some of the older girls were showing me their pictures of sponsors, they really enjoy this)

Hobby related stuff bracelet making, knitting hats etc - the older girls are really bored.

Music!! Latin music especially reggaeton is very promiscuous. They need some positive role models in music and means to be listening to their music. Show them some Christian music.

Spanish Bibles- their Bibles for devotions were in very bad shape, a few kids have the bilingual Bibles.

-Again something maybe we can get donated/ discount ... Gideon's?

Devotional material- they do devotions every night one staff with all the kids ages about 8 plus and also staff prays together after the kids are in bed

Children's books in English and Spanish- bilingual students have to read in English for 15 minutes a night

Other things: dental hygiene. Health teaching materials. Clothes pegs - diapers. School supplies. Hygiene items. Medical supplies. Toys. Ball caps for boys. Good Can opener-for kitchen (Gabriel opens cans with machete). Dogs- medication, leashes, flea tx, worm tx.

Gifts for Melodie and Tina, Gabriel and other workers. They loved it and were very appreciative.

C. Things Helpful to Know (suggestions from previous teams)

Medical Info from 2014 team

Immunizations - Google Immunizations for Honduras, look at Centre for Disease Controls recommends. Plan your immunizations so you start at least a month and ½ before you go to Honduras. You want to be finished at least a week before you leave. You can go to your GP and get prescriptions for these shots. **HEP A and B** - We got Twinrix which covers both HEP A and HEP B for 20 yrs (Hep b is concern if you need a medical procedure for any reason). Cost-65.00/shot. You need 3 shots, 2 before you go (1 month apart) and 1 booster 6 months later. Some only got HEP A, it's cheaper but if an accident happens, you are at risk. **Typhoid**- You can get a injectable vaccine or oral (called vivotif). (There was a shortage of injectable vaccine when we went). Vivotif is a series of 4 pills taken every 48 hr till gone. Cost for either about 40.00 We did not need Malaria pills in Siguatepeque. Get your tetanus shot and flu shot. (Wanda)

You can buy an over the counter parasite killer down there and I recommend everyone buys some before they come home. I was sick for 3 months from a parasite and Melody told me I should have gotten the pills and I would have been fine. I bought some this time so I can show everyone it cost 8 bucks American! Don't eat the guava it has a high concentration of parasites in it. (Shawn)

Pepto Bismal Pills/ meds for diarrhea (we got from the doctor) -also over the counter Imodium in case of small bout of diarrhea. IBuprofen for headaches/ possibly a sleep aid (Den and I found it helpful and took ½ a pill); allergy meds if needed. (Take meds with you to the home in case something hits you there

Airport and Travel

We found the airports quite expensive and there was no food on any flight unless you buy it. Plan for 15.00 per meal. Be prepared for the unexpected. We had to take a shuttle from 1 airport to another when a flight was cancelled. Cost us an extra 120.00 cash that we hadn't planned for. (FBC reimbursed). Check your flights even if you have a boarding pass-one of ours was cancelled and we were not aware.

We stayed in a hotel coming home from Honduras. The hotel was booked before we left and cost 140.00/room. Check if FBC is covering that cost or is it being split amongst the team. Taxis from airport to hotel - approx 25.00 (we needed 2 taxis for 10 people)

Staying at the Camp

We left tips for the housekeepers and cooks at Cerro de Luz - together we decided on an amount, split it, and left it with the director of the camp. We had a BBQ at Ishmael's - so we split the costs between us. The girls at Cerro de Luz were more than willing to do our laundry which helped in not having to bring as many clothes. We got them to do our laundry once midweek. The charge was included in overall bill. Work clothes got really dirty.

***Do not leave money, cameras, Smart Phones, passports etc-anything of value out in view in your room. Lock them in your suitcase. The girls are wonderful and hard-working, but are very poor. We had a couple of incidents (eg long distance phone calls made, and money taken) that made us aware that we had to lock our valuables away.

The Camp will feed you breakfast, pack a lunch, and have supper upon return. Meals are quite good.

The first day of work we didn't have enough water. There are big 5 litre bottles at Cerro de Luz for you to fill up water bottles-so buy a few bottles each to start then just refill them and you can put them in the fridge at the Children's home. The Home does have bottled water, but it costs them so we tried to use theirs minimally.

3. STM TEAM TRAINING

A. STM-Team Formation, Tasks and Skills

We need to assemble the best team possible for the STM project. While we encourage our people to volunteer for an STM, a significant consideration is that our hosts will receive an effective spiritually mature team. Here are some of the elements we will address in forming a STM Team.

Outcome on-site: What is the desired outcome and practical goals for the team and the recipients?

Team Leadership: Who is the best person to lead the STM team on behalf of the church?

The team leader will already be a church leader in some form and will function under the leadership of the missions pastor. They will preferably have previous STM experience, or at least someone else on the team will. They will be involved in team preparation and provide overall spiritual leadership on-site. A skilled co-leader may lead the actual project. The Team Leader will provide oversight and shepherding for the entire team and delegate various responsibilities to gifted team members.

Recruitment: What kind of people and what type of skills does the team and project need?

Team members must be active believers and followers of Christ and should already be serving in the church in some capacity. Students should be involved in youth ministry. The Team needs a balance of maturity, skills and students (preferably with a parent), who should exhibit growing character qualities. Prospective team members must fill out all pertinent application, liability and consent forms.

STM Application and Pertinent Forms

All team members must fill out application, contact, release and consent forms for minors. Applicants from other churches must fill out an additional reference form and have an interview with a leader.

- All forms are found in the Appendix. Leaders are to provide and record any and all copies.
- Applicants should read over all materials to ensure they understand all the STM trip details.

Tasks and Skills: Tasks that the missions pastor or designated leader should do:

- maintain interest and potential participants by updating the church on current and future trips
- up-date any missions policy, team and logistical information
- coordinate trip and project plans with FEB Int'l and the Home mission personnel
- keep the church board informed as to all mission plans, projects and trips
- debrief returning teams and leaders so as to improve our efforts

Tasks that the team leaders should do, working with the missions pastor or leader:

- overall trip planning, fund-raising, promotion, flight bookings
- coordinating with the hosts (ie. Home) for projects, dates etc, project supplies, items to bring
- accommodations (ie. with Scripture Union Camp), plus airport pickup, travel and guide
- speak with prospective team members, provide info packs and take applications
- finalize the team project, team make-up and appropriate personnel and skills
- train the team members with the goal of having a unified serving-centered team

Team tasks that the pastor and team leaders should provide for:

- devotional leader should be the team leader, to provide for evening team devotions
- team members should contribute daily to the morning devotional time
- delegate to team members tasks, like planning fund-raising events, booking hotels at lay-overs, securing of donations of items to bring, various tasks the project requires

B. Team Training

There are several steps for STM training, depending upon the team and trip particulars.

- All teams will meet to plan and serve as deemed necessary to prepare for the trip.
 - includes meetings to include trip planning, STM Guide reading and discussion, STM Workbook
 - includes planning, fund-raising, local mission serving opportunities, debriefing meetings
- All Honduras teams will complete and discuss: 'Short-Term Mission Workbook' - Tim Dearborn
 - this will be the basis for several pre-trip team discussion meetings led by the team leader
 - the team will draft a team covenant and specify responsibilities and tasks for each member
 - a suggested discussion summary for the Dearborn Workbook is in the Leaders Guide Appendix
- All teams will plan and conduct daily devotions on their trip, leader and member led.
 - ideally a brief morning devotion/prayer time and a longer evening debrief and devotion/prayer
 - a sample of such devotions are included in the Leaders Guide Appendix
- Optional study is to complete and discuss FEB Guide: '*Serving Effectively From Your Unique Design*'
 - this includes a study on New Testament servant-hood, spiritual gifts, and a personality tool
 - this should be completed soon after the team is confirmed to help with team planning
 - if this study tool is deemed desirable, it will be led by the missions pastor and/or team leader
 - a copy is found in the Leaders Guide – Appendix

Top 10 Characteristics of Effective Teams - by Sharon Feltham

Fellowship International STM Connexion 2013

Years of academic research into teams, and our own experience in working with many different groups, has shown that the following 10 characteristics are present in successful teams. These teams work well together, achieve their goals and enjoy themselves in the process. How does your team measure up?

1. Clear Purpose.

Members understand and are fully committed to the vision, mission, goals, and objectives of the team. Ineffective teams lack clarity of purpose, a plan and specific goals. Members wonder, wander and pull in different directions.

2. Open Communication.

Effective teams pride themselves on open, participatory communication and vigorous discussions. Ineffective teams are marked by gossip, hidden agendas and guarded communication.

3. Constructive Conflict.

On effective teams, there's disagreement, but members are comfortable with this and deal with it openly. There are very few signs of avoiding or suppressing conflict. Ineffective teams lack trust and are often undermined by personal disagreements and their inability to resolve conflict constructively.

4. Effective Problem Solving and Decision-making.

Approaches to problem solving and decision making are well established in effective teams. Ineffective teams lack problem-solving strategies and are stymied by inefficient decision-making processes and low quality decisions.

5. Defined Roles, Responsibilities and Accountability.

Roles, responsibilities, expectations and authorities are well defined, understood and accepted. Work is fairly distributed and skills are well represented with team members' abilities recognized and fully utilised. Team members are fully accountable for individual and collective team performance. Ineffective teams struggle with role conflict, unclear boundaries, confused expectations and poor accountability.

6. Strong Relationships.

Effective teams work on building and maintaining internal relationships. Team members are supportive; trust one another and have a lot of fun together. Members also invest in developing relationships and building credibility with important stakeholders in other parts of the organization. Poor collaboration, low morale, cliques and silos characterize ineffective teams.

7. Systems and Procedures.

Effective teams implement and support procedures to guide and regulate team functioning. Ineffective teams rarely invest in developing their team systems or improving work processes

8. Experimentation and Creativity.

Well-functioning teams encourage creativity and risk taking and experiment with different ways of doing things. Ineffective teams often are bureaucratic, low risk and rigid.

9. Measurement and Self-assessment.

Effective teams have clear shared measures. They schedule time to regularly assess their progress and performance, identifying achievements and areas for improvement. Ineffective teams tend focus on individual measurement and rarely review their collective performance.

10. Shared Leadership.

Effective teams share leadership roles depending upon the circumstances, needs of the group, and expertise of members. The formal leader co-ordinates the integration of effective team functions and models appropriate behaviour to help establish positive norms. Ineffective teams often have one person dominating.

C. Short Term Mission Workbook – Study Outline

Tim Dearborn

This is a suggested study outline that will enable the team to cover the most important principles and points. The book should be read and completed by each team member at home. Students should work and discuss the workbook with a parent. Everyone would benefit having an on-going discussion with another team member. Four team sessions should be enough to cover and discuss the main highlights as noted in this summary. The team leader can exercise discretion as to using this summary.

Introduction -p.9-11,

The investment the church is making for your trip makes it necessary that you put as much into preparation as you can. Such trips can be used by God to change and direct lives, especially for students. The resources in the workbook can prepare us to keep us from being 'mission tourists'. Consider what activities you will do in preparation, such as beginning a mission journal, answering the '8 great questions', learning Spanish.

1. The God of Mission.

p13 -Do we view the world as a fearful place or are we actually secure under the kingdom reign of God? The key to overcoming fear is to submit ourselves to the authority and rule of Jesus in our hearts.

Mt.6:33, "Seek first the kingdom of God and His righteousness and all these things will be added to you."

-this means that as we seek Him first, He takes care of the rest. Each mission trip participant needs to decide about the crucial issue of submitting to Jesus as Lord. (see top of page 16).

p18 -Read '8 Great Questions' - choose a couple that speak to your heart or interest. Use ones you've chosen to guide your thoughts and prayers for what the Lord wants to accomplish in your life through your trip.

p21 -Some attitudes and practices that will help us find treasures God has in Honduras during our trip.

p22 -think about this: *"The most important aspect of short-term mission service is preparation: the second most important aspect is integration of the experience into the lives of participants once they return home, the third most important aspect is the trip itself."*

This is why the workbook stresses preparation and uses a variety of questions to get you thinking. Look at the 4 suggestions on p.22 to do to prepare.

2. Learning to Delight in Differences.

p25 -Understanding Culture -stereotypes table - we are viewed similar as Americans and we tend to view poorer people with some of the stereotypes listed

p26 -answer the questions on your view of such prejudices

p33 -Read Phil.2:1-15 - answer the questions about how Jesus modeled cross-cultural ministry.

p36 -Read the 3 point summary at the bottom of the page

3. Embracing Change

p37-38 -Read and answer how you would respond to the situations given. What score did you get?

p39-40 -Read about experiencing 'cultural fatigue'

Phil.4:13, "I can do all things through Christ who strengthens me." -memorize it!

p41-45 -Build bridges by yielding to the ways of Jesus and the work of the Holy Spirit.

-gratitude: God is not calling us to complain or criticize, but to be grateful and offer affirmation

-refreshment: you are only away for a short time, but disciplines of devotions and rest are important

-acceptance: seek to develop a friendship and find the delights among the people you meet

-compassion: we adjust to them; we don't expect them to adjust to us

-expectations: in ch.4 you will clarify why you are going on this trip so your expectations will be realistic

4. Maximizing Personal Growth

- p48-51 -Read about Expectations and answer the 2nd question on p50 and the 3rd question on p51
- p53 -Strengths: answer in which area do you think you are strongest in and which you need to grow?
- p54 -Assess your personal values with the Table on common western values vs the Gospel
- p57 -Write your personal mission statement describing why you are going on this trip
 - to do this, consider which of the '8 great questions' on p18 speak to you and how you answered the question on p51

5. Working Together as a Team

- p59-61, Read the "Challenges of working together" - Read Col.3:12-13
- p61, Answer the 3 questions
- p62-63, Read "Expanding the team"
- p64, Answer the 4 questions (Read -John 17)
- p65-67, Read "Ministering as a team"
- p67, we will write a Team Covenant in class (do the prep below beforehand)
 - based on the questions on p67-68, what should it include?
 - what Scripture verse could you use for your team covenant?

6. Communicating Clearly

- p70-71, Read "Focus on Christ"
- p71-72, Answer the 6 questions
- p73, read "The meeting of meanings"
- p74, Answer question 3: write your testimony / story -without too much Christian jargon
 - what Scripture verse do you use to convey the gospel and a personal response?
- p76-77, Read "Focus on people"
- optional: Acts 17 and the questions on p78-79

7. Staying Spiritually Fresh

- p80-81, Read "The Nature of the battle"
- p81-82, Answer the 5 questions
- p82, Read "The Resources for the battle" -the Name of Jesus
- p82-83, Read Matt.28:18-20 and Answer the 4 questions

- p83, Read "The Armour of God"
- p84, Read Eph.6:10-20 and Answer the 2 questions
- p84, Read The power of the Holy Spirit in prayer

8. Preparing to Return Home - discuss during the trip

- the team leader will lead the discussion -focus on the 8 great questions
- can also use ch.7 p87-90 and questions on Phil.3:4-15 and Matt.25:31-46

APPENDIX

Sample Support Request Letter



Faith Baptist Church
 38 Station Road, Great Village, N.S. B0M1L0
 902-669-2398 www.sharethejourney.ca

To potential supporters of the 'Vida y Libertad' Children's Home:

On behalf of the 'Vida y Libertad' Children's Home near Siguatepeque, Honduras, we are seeking partners for financial or material support to help with some of the projects the Home requires for raising the foster children and providing for on-going operations.

The Children's Home was established 20 years ago by a Spanish Mission Agency to help address the on-going problem of neglected, abused and homeless children in Honduras. Currently the Home has about 42 children from babies to older teens. Two missionary ladies carry much of the burden of caring for these children. The Home relies on monthly donations from individuals and the involvement of concerned churches and organizations to help with providing for the children. One of the missionaries (Melodie Francis) is from the Fellowship of Evangelical Baptists, of which our church is a member.

Since 2012 our church has taken on a long-term support role for the Children's Home. Over the past 6 years we have sent teams of volunteers to help with several projects, such as re-do the roof of the Home, interior and landscape work, build a sustainable garden, greenhouse and irrigation system, a sports field and many safety and convenience upgrades. It has been a great experience for us to work with people who are working hard to build a stable loving life for children.

An on-going need we try to fulfill each year is to have our team bring needed medical and hygienic supplies from Canada to leave at the Children's Home. It helps the home financially and with securing needed supplies that may not be readily available in rural Honduras. We would be very grateful for any contributions to this or to the current project.

Here is the link to the website of 'Vida y Libertad' (Life and Liberty, also called Casa Hogar) - The Children's Home. http://www.casahogar.411hn.com/About_Us.html. I hope you will take a look at it. Donations can be made directly through their web site or through our church. If you would like more information, please feel free to contact me at 902-890-9916, or our church office.

The Home has plans to grow and accommodate many more neglected children. We want to be a part of this and encourage you to consider partnering with us. Thank you for your consideration.

Sincerely,

Pastor Doug Campbell

Asc. Pastor Doug Campbell
 doug@sharethejourney.ca

FBC 2017 - HOW TO SPONSOR A CHILD THROUGH THE HONDURAS CHILDREN'S HOME - 'VIDA Y LIBERTAD'

You are invited to take on child sponsorship at the Honduras Children's Home for \$35.00 a month. Our support plus personal prayer for individual children and their needs and the missionaries at the Home will make a difference for the Kingdom of God. Tina Garcia is the director, Melodie Francis is the FEB missionary and her parents, John and Lise Francis are also involved as previous FEB missionaries.

Following is the procedure we will follow to enable you to be part of this ministry.

1. For info, check out the Children's Home web: www.casahogar.411hn.com/About_Us.html
 -also Melodie's video: <http://www.youtube.com/watch?v=r6qmWv6MxJ0>
 -the F.A.I.R. child sponsorship page: <http://www.fellowship.ca/qry/page.taf?id=408>
 -also Melodie's FEB bio: <http://www.fellowship.ca/qry/page.taf?id=379>
2. If you are interested, please contact Kathy Murphy for information about the children.
 -Kathy is our coordinator for sponsorship information and connecting
 -ask Kathy to see the picture and web info /book on the children
 -she will help with choosing the appropriate child to sponsor and help you with the forms
3. Go to the FEB web site (<http://www.fellowship.ca/>)
 -click on the "donate" tab on the right – look at the payment options there plus other info
 -fill out the donate form with Honduras Children's Home and Child's name and other info required.
 -the pre-authorized donate form can be printed - fill it out with a void cheque for the \$35.00
4. Kathy will advise Lise Francis of whom you are sponsoring (Melodie's mom) at francis.lise@gmail.com
5. What to expect:
 -FAIR sends 85% of all monthly child sponsorship as one monthly lump sum for the children.
 -FAIR supplies you with a yearly giving receipt for your sponsorship
 -Lise will be your contact for any correspondence to or from the children. She will send you their picture and some personal info and you can send letters for her to translate.
 -some of the school age children are bi-lingual
 -we cannot send gifts directly because of the uncertainty of Honduras mail
 -you can send a letter with the Honduras Team when they go to Honduras

Any questions just let Kathy Murphy or myself know.

Thanks for your involvement!

Pastor Doug Campbell

Previous Trip Reports 2016 - 2012



**FBC Mission Trip
HONDURAS
April 13-24, 2016**

Compass Article April 2016

The FBC Honduras Mission Team 2016 will be leaving on Wednesday April 13 and returning Sunday April 24 to serve at the 'Vida y Libertad' (Life and Liberty), 'The Children's Home', in central Honduras. This is the 5th team FBC has sent to Honduras since 2012! The team consists of these passionate members: Shawn, Alisha & Shania Putnam, Emma Verhuel, Autumn Doucette, Chris McPhee, Bob Pash, Buck Wile. The main project emphasis this year is Safety: the team will be installing fire extinguishers, smoke detectors, emergency lighting, removal of kitchen gas tank and a concrete pad for the generator. They will also be doing any maintenance they can to some of the past projects like the greenhouse. As usual they will be getting to know and help love the children and staff and being ambassadors for Jesus Christ. They are also bringing bags of needed items and we will be signing up on the Prayer Wall so they know we have them covered in prayer. The team is very thankful for all your on-going support!

These short-term trips have proven very valuable to the spiritual growth of the participants as well as benefiting the 'Vida y Libertad' staff and children. John and Lise Francis wrote us last Fall about the impact our church has had with our mission trips and projects. We are glad to be instruments for Christ.

I think your visits to the Home are very much appreciated. One good thing about your greenhouse project is that you return frequently enough to keep it from being neglected too much. Too often people go, do a project, and then nobody takes care of it, even in the Home, where they don't have the personnel or the means to keep things up sometimes, or where they are distracted by other things such as health crises for the kids. When they know you are returning once or twice a year, that helps motivate them to keep up the greenhouse. The work you guys did on the roof, too, was something lasting. So my take is that your work with them, apart from the financial help through the sponsoring of kids, is really positive. Other things that you guys did that are very much appreciated is the Cancha (soccer field) is great for the children, they appreciate it, plus the storage place etc...Of course, the sponsoring helps a lot with the daily needs. I know that Kathy is working hard on this, she is doing a super job. Not being in Canada makes it hard for me to find new sponsors. I get a few through contacts but not too many. All I can say keep coming and God bless you in your work, you are doing a great job! - John and Lise Francis

Honduras Day 4 report - April 17 2016

God is good all the time. "Dios es bueno, todo el tiempo" These words are repeated frequently as God shows us over and over again we are not on our Mission, but on HIS mission in Honduras. HE has prepared the way for us. When we step out in faith God shows up. Everything is coming together in ways we never imagined but God knew. Here are a few examples. Our translator Luis, from 3 years ago, has a sister Ani. Her friend Korrie is our new translator. Her brother is Ani's new boy friend and has a truck to haul gear for us. In addition he is an electrician, which we need to wire in the emergency lights and the kitchen remodeling. He is a forester and can get the garden out front looking great for a very low cost. His name is Angel we think he is our Angel sent from God.

Luis himself is such a God send: he purchased the emergency lights and smoke detectors in Tegucagalpa and brought them to us Friday night. Yesterday he connected us with a guy that does fire extinguishers. He will install them, and check them every 3 months and annually change the chemical for a small cost. In addition they will do training on how to use them. We handed out the letters to the kids. They were thrilled to get them, it was just like Christmas. Thank you everyone. We ended the day with a trip to get supplies and ice cream. Then topped it off with the best bbq ever at jeffries' father place, Melodie's friend. It was so awesome. none of us have ever tasted a better bbq. God is good, all the time. Thank you all for your continued prayers and support. – Buck Wile



**FBC Mission Trip
HONDURAS
April 15-26, 2015**

Honduras - April 2015 Report – Kathy Murphy

Since I have been home from the mission trip and have had time to really think over the last 6 -8 months, here are the some suggestions for the next mission trip that I feel is strong on my heart.

1. Send a even number of people (example 6 or 8)
2. All people interested should have to be interviewed as to why they are going.
3. It should be brought up front from the beginning that the workbook is a MUST and there will be a number of meeting that will have to be attended over the winter months. Plus the Honduras Night.
4. The extra cost for passports, airplane tickets, needles, airport meals should also be understood.
5. It is a must that someone on the team has been to Honduras before but is also street smart, and can embrace the culture. We found many people there were looking for money; it very hard not to give it to them but at the same time you have to be smart about it. I guess we have learned this before with other team experiences. You have to go with a budget and try your best to stay with it. I think going through the Fellowship will solve some of these issues.
6. Language was a huge issue.
7. The culture can be a huge challenge for anyone who has never traveled to a third world County.
8. Consider sending a team for a project to Honduras every 2nd year, so we can do more with local missions.

I am so thankful we were given the opportunity to lead the group. All and all thinking back at some of the challenges that we had to faced, we did an awesome job; hard to believe the work that was done that week! It was so nice to meet the children. I am more of a believer in sponsorship then ever before. When I left the home all I could think about was the faces of the sponsor's and the generosity of many people who have made such different in these children's lives. What a great feeling knowing we as a body of Christ are helping these children to a better life and off the street of Honduras. It was a great learning experience and I hope to be able to take what I have learned and make it better if given the opportunity again. I am sure God will be leading Eugene and I back into the mission field many times; where and when I am not sure.

Work completed: Phase 1-2 Soccer field: clearing and preparation of soccer field for concrete surface
- construction of storage area in entrance area -

Honduras Project - Summer/Autumn 2015

Norm Nielson of FAIR has arranged with Francisco (the local engineer) and the Children's Home for the next phase of the soccer field to be carried out as soon as possible. This is great news and strengthens our partnership with FAIR, who can better communicate through some of the administration and language barriers we struggle with. In future we will coordinate our trips and projects to Honduras through F.A.I.R.

The concrete and labour for the main field can be done for about \$5500. cdn. FBC is putting in half (\$2750.) and FAIR the other half. We have already sent the cheque. The \$2750 from FBC came from the coffee sales by Shawn (2014), Kathy (2015) and from the Honduras 2015 project fund. This will ensure the preliminary work done in April by our team will not be adversely affected. >>completed Summer 2015!

The rest of Phase 3 and Phase 4 should come in around \$4000.us for the 2016 project. The 2016 team may or may not oversee this project. It possible we will send the money for the concrete and labour. We will determine this with FEB/FAIR by this Fall.

Honduras Trip - Dec 2014 Buck and Shawn's Report

Thank you to all those who labored to make the blankets it was our pleasure to make the delivery. For me it was like Christmas to give out your loving gifts what a joy. After the blankets we checked on the green house. Basically needs a lot of work. Today we began working on a plan to get things back on track. We lined up a visit from a local pro to get advice on some issues. We are planning a cement block walkways to maintain the rows and prevent further erosion.

We looked at the **soccer field** plans and discussed the way forward with Melodie and Tina. They would prefer to see our efforts go into a concrete soccer field with a roof over it too allow usage even during the rainy season which is most of the year. The cost will be higher but its in their long term plan for the home. The team coming may not be able to finish the job because its a bigger project with more cost but with God all things are possible. We have enlisted the help of Luis's church youth groups and Ismaels youth groups. They want to help with these projects. They don't have money but they have muscle. We are bringing their long term plans for the home. We met Andry first thing in the morning at the home and talked about what needs to be done with the **security fence**. They were going to repair the damage section of the fence. We talked about he sees the soccer field being located according to the plan of the home which has a long-term plan with the concrete soccer field with a roof over top going up in the front corner of the property.

We reviewed the plans we have for the **greenhouse** and talk to Gabrielle about the greenhouse and he said that the first two crops were excellent. The crop that we're looking at there now whether it's due to the heavy rains or the temperatures or combination of both know it's not doing real well but he has some beans planted and we have an expert coming today to talk to us about what the best long-term plan for the greenhouses. In the afternoon we met with Mark fits he's the founder of hope coffee and talked to him about what he's doing here and his mission which is pretty amazing. We talked to him about the possibility of getting some of this coffee into Canada and selling it as a fundraiser to support future projects at the home of Vida y Libertad. In the evening we had supper at John and Lise house had a great talk about many things.

Vida y Libertad Coffee Sales Fundraiser.

In an effort to raise funds for future work at Vida Y Libertad we are bringing Omar's coffee the best we have found back to Canada to sell for 20 dollars a lb. We hope in this way to increase our funding to complete the projects God would like to see completed at Vida Y Libertad. contact Shawn or Buck for coffee.

Vida y Lib Coffee and Bananas

Through Luis we were able to connect with one of the local coffee growers and coffee producers. a good Christian man with great connections in the community. Omar we met with him and he gave us a tour of his coffee farms and process plant roasting and packaging operations. He also came to the home and looked at the potential for farming. He has promised to return in January to take soil samples and evaluate and recommend a plan to utilize the farm land to its full potential. The existing coffee plants are diseased and would be removed to plant a better healthier plant. We felt very blessed by God to have made this connection.

Vida y Libertad Storage Shelving

There is a serious problem with storage in the home they cannot get at the seasonal stuff very well and it is over crowded. The car port has a ceiling approximately 14 feet high so there is potential to install a floor at 9 ft leaving a 5 ft at the peak area to store a great deal of stuff. The room is approximately 18 ft long and 11 ft wide and if shelving 3 ft high x 2 ft deep were built on top of the new floor this gives $6 \times 36 = 216$ cubic feet of storage space. Plus there will be room on the ends for additional shelving $7 \times 5 \times 2 = 140$ cubic feet so total of 356 cubic feet. This would need lights installed in the roof of the storage area and in the garage to see at night. The access to the storage area would be via a pull down set of stairs. Luis has agreed to do a budget for this as it will require 2 beams and supports, floor joists and plywood and shelving. Gabriel's big request is a chain saw as he needs to borrow one whenever cutting up fallen trees or for fire wood for the cooking fire.

Vida y Libertad Soccer Field.

The soccer field we had envisioned for the Home was discussed with Tina and Melodie, Luis and engineer Andry. There was consensus the field would be wet most of the time and would be outside of the inner security fence and was felt it would not be used much if at all. The field would require mowing and there is no ride on mower. However in the plans for the home there is a covered concrete building within the grounds of the inner fence. This playing field can be used year round even during the heavy rains. It is much desired that all efforts time and money be directed towards this project. In order to accomplish this project we suggest it be done in phases:

Phase 1 Prepare the area.

1. relocate the water line that follows the inner security fence and move to edge of roadway.
2. Remove approximately 200 ft of security fence that is to the right as you enter the home off the road. the security fence will need to be tied into the new wall at both ends to keep the little kids from wandering out into the fields. This work also requires the razor wire install on this section of new wall as a minimum. It should all be done by the time the team arrives in April. it is planned to save the post of the old security fence and wire for future use. Also the wall itself can be used in places to create bridges over ditches and broken up for fill material and stored on site towards Gabriel's place.
3. Relocate the clothes line closer to the new wall but below the area of the new playing field.
4. Relocate existing inner gate in security fence facing Gabriel's place mid fence. this will allow trucks to move broken fence material to the field out of the way.

Phase 2

1. Cut and fill the area where the new playing field will be located. the ground is sloped so there will need to be some re contouring. The engineering be providing a quote for this work using local gear and operators. The same excavator can be used for removing the old security wall and some drainage ditches they are required for the garden and the coffee and banana production.
 2. Spread 4 to 6 inches of selecto material over the field and roll this will for, an excellent base for future concrete and will give the kids a great place to play in the interim
- >>It is hoped phase one and two can be completed by the team in April 2015.

Phase 3 would be completed by the team in 2016 if funds for the concrete are sufficient. if there is enough for Phase 4 at this time they could be done together otherwise break it up over 2 years.

Finally Phase 5 the roof would be completed.

Some items discussed with the engineer is the thickness of the field would be 4 inches. Fiber reinforcing is recommended with no saw cutting and 3000 psi strength. Power trowels are available in San Pedro Sula. The engineer will give us budget for all phases. Luis and Ishmael hope to enlist their youth to partner with us on this work as well.

Vida y Libertad Green House Report

The greenhouse yielded two good crops. Due to rain and cooler temperatures and soil depletion, the third crop doesn't look so good. To get things back on track, a local expert was contacted and advised us to do the following:

1. Remove all weeds within 6ft of greenhouse outside.
2. Plant corn around the outside it is a natural insect repellent
3. Remove all weeds inside.
4. Move the gravel washed out back to original position
5. Install selecto material and tamp as base for blocks. Get one load needs 5 cubic meters but get a load for 10 use some for drive way or other holes to fill. Approx 75 dollars.
6. Place a cement block floor down between rows to prevent further erosion and allow work in the greenhouse to be done without kneeling in slope and breeding Mosquitos. Need 50 sq meters to do the 4 rows and two ends approx. \$845. Luis and Ismael have agreed to enlist their youth groups to partner with us to do most of this work. We have also agreed to partner with Luis's youth group to complete a project that is mostly finished to provide an old man named Angel with a safe dry home. blocks \$845, sand around blocks \$20, Roofing \$400
7. Tighten the tent so there is no sagging install extra wire to take out the sags.
8. Install a screen door to enter and exit the greenhouse that is spring loaded to keep closed.
9. Dig a better drainage ditch away from the greenhouse to dry it up inside.
10. Once all this is done remove all vegetation
- 11 The soil will be conditioned by Olvin Obed Meza Martinez and Gabriel it will require fertilizer and conditioner there will be some cost for chemicals and gear. Approximately \$100
12. Seedlings will be provided free of charge to be planted and fertilized.
13. The garden will be checked on regularly by Olvin to ensure all is well. There will be some charges for fertilizers and insect sprays but they will be only as required and should not amount to much. Est. \$8 every 2 weeks.
14. Olvin recommended doing away with the existing composter as it can breed Mosquitos that carry dangue fever. A plot was chosen on the far end of the property to dig a pit that will be used for compost.



**FBC Mission Trip
Honduras
March 8-17, 2013**

FBC Honduras Mission Team 2013

The FBC Short Term Mission Team will be leaving for Honduras on Friday March 8, 2013 and returning Sunday March 17 to serve at the 'Vida y Libertad', Children's Home, just outside Siguatepeque in central Honduras. A lot of planning and preparation goes into a trip like this. They have been preparing by going through a small group mission workbook this winter, which helps with preparing attitudes and affirming personal callings.

They have all their shots! They are taking bags of items the Home can use to help meet the needs of the children. They are excited and perhaps a bit nervous. They have all been searching their hearts and the scriptures to conform their hearts to God's will.

Jessica and Melissa will stay at the Children's Home and room with other girls. Doug, Gene, Buck and Chris will finish the roof project, and also do some window and tile work inside the Home. The men will stay at the Scripture Union Camp nearby. They all plan to attend Hermon Baptist Church in Siguatepeque for Sunday worship and hopefully do some sightseeing as well.

Work to be done includes finishing the roof tile project and some interior work such as tiling some floors. We are glad to be able to send such a quality team with 3 dedicated men and 3 growing teens. Not only do they represent Jesus Christ, they represent us as a church and we know they will do that very well. Take note of the theme verse of their team covenant.

- to adopt as our theme verse John 20:21, *"As the Father has sent Me, I am sending you."*
-to remind us of the purpose for which we are going and who we are representing

The church family has been very generous and supportive of FBC's mission to help the Children's Home. Thank you so much for caring, giving and praying. One more prayer request would be for the weather to cooperate with their flights. They have a brief window for travel and we pray nothing would hinder their plans. We add *'Lord willing and God-speed'* to all their hopes and plans!



**PRAYER REMINDER
Honduras
FBC Mission Trip
Summer 2012**

Honduras 2012 - Report by Pastor Doug Campbell

Overall we had a great trip and felt it accomplished something concrete for the Home - (the roof project) and especially a spiritual benefit to Eugene, Ally myself, and our church. The Lord has used this short-term mission to re-ignite the call for prayer and mission involvement in our church. We hope our work and presence was a help and encouragement to the children and the staff. We did our best to be there for the benefit of the Children's Home. We noticed our North American attitudes needed adjusting from time to time. During the trip, we worked through a short-term missions workbook by Tim Dearborn which addressed such issues. We plan to use it beforehand to better prepare any group our church sends.

Since our Spanish was very limited, we were very grateful for John and Lise Francis to work with us, travel and translate for us and generally look after us. We know we can't depend on them to have time for this for future teams, so we will endeavor to find local accommodations, hopefully at the nearby Scripture Union Camp. Some of the hotels in Siguatepeque looked suspicious to me and probably not a good idea for first-time travelers. Adequate Spanish for short-termers would be great and we will encourage our people to learn some but we will generally be dependent on someone to translate for us. Having Melody there on future trips would be great.

The only wrinkle was in the air travel - delayed flight out of Newark changed our overnight plan for San Pedro on the way down, but it all worked out. It might be better to stay the night in Toronto (or Miami) on the way down. That way we can perhaps avoid Newark and get to San Pedro in the daytime so they feel safe to pick us up. The Villa Nuria hotel in San Pedro Sula was very nice and safe - reasonable restaurant, the staff were good and the shuttle to the airport was smooth. I'd recommend it for anyone. I did meet a lady who was also returning from another place in Honduras and her team stayed at a Bible college dorm in San Pedro - I didn't get any details.

Also, if someone is going for several weeks it might be better to make the return date open ended. Ally had planned to stay for 4 weeks, but wanted to come after 3, probably because this was her first international trip. She enjoyed her trip but felt quite alone after we left. I've enclosed a report she wrote for our church. She considers it to be a great experience and came back with a great love for the children. She hopes to go back someday.

We appreciated getting connected with Hermon Baptist Church through the Francis' and their efforts to connect the Children's Home with their ministry. Lord willing our church can have some future involvement in projects with this church or others in the area. We would see many things we could help the home with, such as planting and teaching gardening, providing a soccer field for the older children, bringing down suitcases of needed goods, and other building projects. We hope to be able to help the Home with what they need, not what we think they need, so we are open to any advice about that.

Ally Campbell - Personal Report - Honduras 2012 Trip

I went to Honduras with many expectations about the country, the kids and all the different things I wanted to happen in my own life. I didn't really think much about the inconveniences of a third world country, such as cold showers, limited toilet paper, travelling in old buses everywhere, and most of all feeling unsafe. It was so different

from home and I found myself missing my car, phone and comfort of my bed and home quick. When I first arrived to the home I was very overwhelmed, there were so many kids speaking Spanish and I couldn't understand a word they were saying. But they were adorable and their smiles and hugs could melt your heart. It took a few days to get used to, especially the beans and rice for all meals. I fell in love with the kids. They have so much heartache but are always happy and willing

to show you love, even though they haven't received a lot of love themselves. It's so sad that they don't get to have a normal family life, I didn't know how blessed I was.

Most of the children are in school now and their day starts at 5am. They get up, get ready for school, make their beds, eat and get on the bus at 7am. Those who are not in school now get up around 7am (except the little ones are up earlier), clean and have breakfast. The children have chores such as cleaning the floors, doing the dishes and washing clothes. They have time to play outside, such as soccer and on the playground. The kids who go to school get home around 12pm and lunch is soon after. After lunch they do homework, play outside and help keep the little ones occupied. Some of the older girls help with cooking. Supper is around 6, then the kids watch some tv, get cleaned up for bed, and have devotions at 8pm, which is when the little ones go to bed.

I helped throughout the day where I could, such as cleaning, doing dishes, feeding the babies and helping with homework. I played outside with the kids most of the day, which always kept me entertained. I wanted to be used more by the staff but I think because of the language barrier it made it really hard to give me direction about what needed to be done. At times I was very frustrated because I felt like I wasn't getting a lot accomplished, and on a really hard day I walked in the living room with all the kids watching tv and they were so excited to see me and one little boy named Gabrielle took my hand and led me to the couch and sat on my knee and put my arms around him. It was such a reminder of why I was there and I just held him before I took him to bed and he gave me three hugs good night. I don't want to say I have favorites, but after that he had a special place in my heart and I was always so excited to see him. But they all have a special place in my heart and always will.

I didn't think I would get the opportunity to work in a health clinic during my trip which was disappointing, but on the first Sunday we went to church the pastor told us they have a medical clinic right at the church that I could work at. I was so excited and was so thankful to God because he had a plan that I didn't know about. I worked there for a week. There is a doctor and a nurse who work there, so I helped the nurse with charting, doing vital signs, giving medications and paper work. Although it's really cheap to see the doctor and they give medications cheaper than the hospital, people still struggle to pay for health care. A lot of people do not get medical care because they cannot afford it. The clinic was great and the doctor and nurse were very nice. The doctor spoke good English and the nurse a little bit, so that made a huge difference.

During my week at the clinic I stayed with John and Lisa Francis, Melody's parents. They were so wonderful and took care of me so well. They made sure I was always safe and walked me to and from the clinic. I'm so thankful for all they have done and how God works that we were able to stay with them. Tina and Melody really are amazing people. I can't imagine how exhausting their job is but without them, the children might not have a loving home. I thank God for them because they are doing an amazing job at raising 41 children. I wish the children could have had the childhood I did. They have taught me so much about what's important in life and how thankful I need to be everyday for all the amazing things I have in my life, especially my family. It will break my heart to leave them, knowing I get to go back to such a good place, where I feel safe and loved and get to enjoy so many good things. I wish more than anything that they all could experience that. I pray that they have a bright future and don't go into the same cycle of poverty and heartache.

I could go on so much more about the children and the way they have affected me. Their stories are heart breaking and I wish no one would have to ever go through those things. They have definitely changed my life and I hope I was able to bring some joy and love into theirs. I'm so thankful to God for allowing me to go on this trip and I'm so glad I was able to share it with my dad. That's what was on my heart to write. I was very emotional writing it, I'm so sad for them. I think I cried the whole time I wrote it.